


Section G

Psychological/ Emotional Perpetration Scales



- G1. Abuse Within Intimate Relationships Scale
- G2. Abusive Behavior Inventory
- G3. Multidimensional Measure of Emotional Abuse
- G4. Non-Physical Abuse of Partner Scale (NPAPS)
- G5. Revised Conflict Tactics Scales (CTS-2)
- G6. Safe Dates—Psychological Abuse Perpetration

Description of Measures

Perpetration Assessments					
Construct	Scale/Assessment	Characteristics*	Target Groups	Psychometrics	Developer
G. Psychological/Emotional Perpetration	G1. Abuse Within Intimate Relationships Scale (AIRS)	26-item scale that measures perpetration of psychological and physical abuse. There are 5 subscales: emotional abuse, deception, verbal abuse, overt violence, and restrictive violence.	Young adults.	Internal consistency: Emotional abuse = .87; Deception = .80; Verbal abuse = .73.	Borjesson, Aarons, & Dunn, 2003 Copyright 2001
	G2. Abusive Behavior Inventory	30-item scale that measures the frequency of physical and psychological abusive behaviors. The psychological perpetration subscale includes 17 items.	Male batterers.	Internal consistency: Psychological abuse = .79 to .88. Evidence of convergent, discriminant, and criterion validity.	Shepard & Campbell, 1992 Copyright 1992
	G3. Multidimensional Measure of Emotional Abuse	28-item scale (reduced from 54 items) that measures restrictive engulfment, hostile withdrawal, denigration, and dominance/intimidation.	College students reporting on current or past dating relationships.	Internal consistency: Restrictive engulfment = .84; Hostile withdrawal = .88; Denigration = .89; Dominance/Intimidation = .83. Evidence of convergent and discriminant validity.	Murphy & Hoover, 1999; Murphy, Hoover, & Taft, 1999
	G4. Non-Physical Abuse of Partner Scale (NPAPS)	25-item scale that measures the magnitude of perceived non-physical abuse inflicted on a spouse or partner.	Partners in dating, cohabiting, and marital relationships.	Internal consistency: > .90. Evidence of content and factorial validity.	Hudson, 1997 Copyright 1992
	G5. Revised Conflict Tactics Scales (CTS-2)	78-item scale that assesses both victimization and perpetration. The 39-item perpetration scale includes 5 subscales that measure physical assault, psychological aggression, sexual coercion, negotiation, and injury between partners. The psychological aggression subscale includes 8 items that assess verbal and symbolic acts that are intended to cause fear or psychological distress.	Partners in dating, cohabiting, and marital relationships.	Internal consistency (men & women combined): Psychological aggression = .79.	Straus, Hamby, Boney-McCoy, & Sugarman, 1996; Straus, Hamby, & Warren, 2003 Copyright 2003
	G6. Safe Dates—Psychological Abuse Perpetration	14-item scale that measures psychological perpetration in dating relationships.	Male and female students in grades 8-9.	Internal consistency: .95.	Foshee, Linder, Bauman et al., 1996; Foshee et al., 1998

* Scale and subscale names in characteristics column are those that scale authors use and thus are not always consistent with CDC's terminology.

G1. Abuse within Intimate Relationships Scale (AIRS)

Please check the appropriate box for how often you have engaged in these behaviors.

Sample item of the 7 emotional abuse scale items:

I have purposely insulted my partner.never once twice or more

☐ ☐ ☐

Sample item of the 4 deception scale items:

I have kept secrets from my partner.never once twice or more

☐ ☐ ☐

Sample item of the 5 verbal abuse scale items:

I have ignored my partner.never once twice or more

☐ ☐ ☐

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Scoring Instructions

To see entire scale, obtain permission to use, and obtain scoring information, contact:

Psychological Assessment Resources, Inc.
16204 N. Florida Avenue
Lutz, FL 33549

800-383-6595
813-968-3003
www.parinc.com

Reference

Borjesson WI, Aarons GA, Dunn ME. Development and confirmatory factor analysis of the Abuse Within Intimate Relationship Scale. *Journal of Interpersonal Violence* 2003;18:295–309.

G2. Abusive Behavior Inventory—Partner Form

Here is a list of behaviors that many women report have been used by their partners or former partners. We would like you to estimate how often you have used these behaviors during the past six months. Your answers are strictly confidential.

CIRCLE a number for each of the items listed below to show your closest estimate of how often it happened in your relationship with your partner or former partner during the past six months.

- 1 = Never
- 2 = Rarely
- 3 = Occasionally
- 4 = Frequently
- 5 = Very Frequently

- | | | | | | |
|---|---|---|---|---|---|
| 1. Called her names and/or criticized her | 1 | 2 | 3 | 4 | 5 |
| 2. Tried to keep her from doing something she wanted to do (example: going out with friends, going to meetings) | 1 | 2 | 3 | 4 | 5 |
| 3. Gave her angry stares or looks | 1 | 2 | 3 | 4 | 5 |
| 4. Prevented her from having money for her own use | 1 | 2 | 3 | 4 | 5 |
| 5. Ended a discussion with her and made the decision yourself | 1 | 2 | 3 | 4 | 5 |
| 6. Threatened to hit or throw something at her | 1 | 2 | 3 | 4 | 5 |
| 7. Pushed, grabbed, or shoved her | 1 | 2 | 3 | 4 | 5 |
| 8. Put down her family and friends | 1 | 2 | 3 | 4 | 5 |
| 9. Accused her of paying too much attention to someone or something else | 1 | 2 | 3 | 4 | 5 |
| 10. Put her on an allowance | 1 | 2 | 3 | 4 | 5 |
| 11. Used her children to threaten her (example: told her that she would lose custody, said you would leave town with the children) | 1 | 2 | 3 | 4 | 5 |
| 12. Became very upset with her because dinner, housework, or laundry was not ready when you wanted it or done the way you thought it should be | 1 | 2 | 3 | 4 | 5 |
| 13. Said things to scare her (examples: told her something “bad” would happen, threatened to commit suicide) | 1 | 2 | 3 | 4 | 5 |
| 14. Slapped, hit, or punched her | 1 | 2 | 3 | 4 | 5 |
| 15. Made her do something humiliating or degrading (example: begging for forgiveness, having to ask your permission to use the car or do something) | 1 | 2 | 3 | 4 | 5 |
| 16. Checked up on her (examples: listened to her phone calls, checked the mileage on her car, called her repeatedly at work) | 1 | 2 | 3 | 4 | 5 |

17. Drove recklessly when she was in the car	1	2	3	4	5
18. Pressured her to have sex in a way that she didn't like or want	1	2	3	4	5
19. Refused to do housework or childcare	1	2	3	4	5
20. Threatened her with a knife, gun, or other weapon	1	2	3	4	5
21. Spanked her	1	2	3	4	5
22. Told her that she was a bad parent	1	2	3	4	5
23. Stopped her or tried to stop her from going to work or school	1	2	3	4	5
24. Threw, hit, kicked, or smashed something	1	2	3	4	5
25. Kicked her	1	2	3	4	5
26. Physically forced her to have sex	1	2	3	4	5
27. Threw her around	1	2	3	4	5
28. Physically attacked the sexual parts of her body	1	2	3	4	5
29. Choked or strangled her	1	2	3	4	5
30. Used a knife, gun, or other weapon against her	1	2	3	4	5

Note: Item 21 was deleted from scale by its developers due to the low response rate and negative correlation with the total scale.

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Scoring Instructions

Psychological abuse items include 1, 2, 3, 4, 5, 8, 9, 10, 11, 12, 13, 15, 16, 17, 19, 22, and 23. The mean score of these items is computed by summing the point values for the items and dividing by the applicable number of items. Higher scores are indicative of greater psychological abuse perpetration.

Reference

Shepard MF, Campbell JA. The Abusive Behavior Inventory: a measure of psychological and physical abuse. *Journal of Interpersonal Violence* 1992;7:291–305.

G3. Multidimensional Measure of Emotional Abuse

The following questions ask about the relationship with your partner or ex-partner. Please report how often each of these things has happened in the last six months. Please circle a number using the scale below to indicate how often you have done each of the following things, and a number to indicate how often your partner has done each of the following things. Indicate how many times you have done this where it says “you”, and how many times your partner has done this where it says “your partner”. If you or your partner did not do one of these things in the past 6 months, but it has happened before that, circle “7”.

1 = Once 4 = 6-10 times 7 = Never in the past six months, but it has happened before
 2 = Twice 5 = 11-20 times 0 = This has never happened
 3 = 3-5 times 6 = More than 20 times

	Once	Twice	3-5 times	6-10 times	11-20 times	More than 20 times	Never in the past six months, but it has happened before	This has never happened
1. Asked the other person where they had been or who they were with in a suspicious manner								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
2. Secretly searched through the other person's belongings								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
3. Tried to stop the other person from seeing certain friends or family members								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
4. Complained that the other person spends too much time with friends								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
5. Got angry because the other person went somewhere without telling him/her								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
6. Tried to make the other person feel guilty for not spending enough time together								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0

	Once	Twice	3-5 times	6-10 times	11-20 times	More than 20 times	Never in the past six months, but it has happened before	This has never happened
7. Checked up on the other person by asking friends or relatives where they were or who they were with								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
8. Said or implied that the other person was stupid								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
9. Called the other person worthless								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
10. Called the other person ugly								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
11. Criticized the other person's appearance								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
12. Called the other person a loser, failure, or similar term								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
13. Belittled the other person in front of other people								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
14. Said that someone else would be better partner (better spouse, better girlfriend or boyfriend)								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
15. Became so angry that they were unable or unwilling to talk								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
16. Acted cold or distant when angry								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0

	Once	Twice	3-5 times	6-10 times	11-20 times	More than 20 times	Never in the past six months, but it has happened before	This has never happened
17. Refused to have any discussion of a problem								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
18. Changed the subject on purpose when the other person was trying to discuss a problem								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
19. Refused to acknowledge a problem that the other person felt was important								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
20. Sulked or refused to talk about an issue								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
21. Intentionally avoided the other person during a conflict or disagreement								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
22. Became angry enough to frighten the other person								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
23. Put his/her face right in front of the other person's face to make a point more forcefully								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
24. Threatened to hit the other person								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
25. Threatened to throw something at the other person								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
26. Threw, smashed, hit, or kicked something in front of the other person								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0

	Once	Twice	3-5 times	6-10 times	11-20 times	More than 20 times	Never in the past six months, but it has happened before	This has never happened
27. Drove recklessly to frighten the other person								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
28. Stood or hovered over the other person during a conflict or disagreement								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0

Scoring Instructions

Items can be used to create one total scale score and four subscale scores. The 7-item Restrictive Engulfment subscale consists of items 1-7. The 7-item Denigration subscale consists of items 8-14. The 7-item Hostile Withdrawal subscale consists of items 15-21. The 7-item Dominance/Intimidation subscale consists of items 22-28. Higher scores are indicative of greater levels of emotional abuse.

Two types of scores for the total scale score and for the subscale scores can be computed. One scoring method involves assigning a score of 0 if the respondent reports never having done a particular act, and a score of 1 if a respondent reports having done a particular act. A second scoring method involves using frequency counts in specific intervals of time. In this scoring method, a score of 7 is recoded to 0, and then the 0-6 point items are summed.

References

Murphy, CM, Hoover, SA. Measuring emotional abuse in dating relationships as a multifactorial construct. *Violence and Victims* 1999;14: 39-53.

Murphy, CM, Hoover, S, Taft, C. *The Multidimensional Measure of Emotional Abuse: Factor structure and subscale validity*. Toronto: Association for the Advancement of Behavior Therapy; 1999.

G4. Non-Physical Abuse of Partner Scale (NPAPS)

Name: _____ Today's Date: _____

This questionnaire is designed to measure the non-physical abuse you have delivered upon your partner. It is not a test, so there are no right or wrong answers. Answer each item as carefully and as accurately as you can by placing a number beside each as follows.

- 1 = Never
- 2 = Very rarely
- 3 = A little of the time
- 4 = Some of the time
- 5 = A good part of the time
- 6 = Very frequently
- 7 = All of the time

- | | |
|---|---|
| _____ 1. I make fun of my partner's ability to do things. | _____ 14. I demand that my partner stay home. |
| _____ 2. I expect my partner to obey. | _____ 15. I don't want my partner to work or go to school. |
| _____ 3. I become very upset and angry if my partner says that I have been drinking too much. | _____ 16. I don't want my partner socializing with his or her female friends. |
| _____ 4. I demand my partner to perform sex acts that he or she does not enjoy or like. | _____ 17. I demand sex whether my partner wants it or not. |
| _____ 5. I become very upset if my partner's work is not done when I think it should be. | _____ 18. I scream and yell at my partner. |
| _____ 6. I don't want my partner to have any male friends. | _____ 19. I shout and scream at my partner when I'm drinking. |
| _____ 7. I tell my partner he or she is ugly and unattractive. | _____ 20. I order my partner around. |
| _____ 8. I tell my partner to hop to it when I give him or her an order. | _____ 21. I have no respect for my partner's feelings. |
| _____ 9. I expect my partner to hop to it when I give him or her an order. | _____ 22. I act like a bully towards my partner. |
| _____ 10. I insult or shame my partner in front of others. | _____ 23. I frighten my partner. |
| _____ 11. I become angry if my partner disagrees with my point of view. | _____ 24. I treat my partner like he or she is a dimwit. |
| _____ 12. I carefully control the money I give my partner. | _____ 25. I'm rude to my partner. |
| _____ 13. I tell my partner that he or she is dumb or stupid. | |

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WALMYR Publishing Company
PO Box 12217
Tallahassee, FL 32317

(850) 383-0045
walmyr@walmyr.com.

Reference

Hudson WW. The WALMYR assessment scales scoring manual. Tallahassee (FL): WALMYR Publishing Company; 1997.

G5. Revised Conflict Tactics Scales (CTS-2)

No matter how well a couple gets along, there are times when they disagree, get annoyed with the other person, want different things from each other, or just have spats or fights because they are in a bad mood, are tired, or for some other reason. Couples also have many different ways of trying to settle their differences. This is a list of things that might happen when you have differences. Please circle how many times you did each of these things in the past year, and how many times your partner did them in the past year. If you or your partner did not do one of these things in the past year, but it happened before that, circle “7.”

How often did this happen?

- 1 = Once in the past year
- 2 = Twice in the past year
- 3 = 3–5 times in the past year
- 4 = 6–10 times in the past year
- 5 = 11–20 times in the past year
- 6 = More than 20 times in the past year
- 7 = Not in the past year, but it did happen before
- 0 = This has never happened

Sample of 2 of the 8 psychological aggression scale items:

I called my partner fat or ugly.	1	2	3	4	5	6	7	0
I shouted or yelled at my partner.	1	2	3	4	5	6	7	0

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Scoring Instructions

To see entire scale, obtain permission to use, and obtain scoring information, contact:

Western Psychological Services
Attn. Susan Weinberg
12031 Wilshire Boulevard
Los Angeles, CA 90025

weinberg@wpspublish.com
(800) 648-8857

References

Straus MA, Hamby SL, Boney-McCoy S, Sugarman DB. The Revised Conflict Tactics Scale (CTS-2): development and preliminary psychometric data. *Journal of Family Issues* 1996;17:283–316.

Straus MA, Hamby SL, Warren WL. The Conflict Tactics Scale handbook. Los Angeles (CA): Western Psychological Services; 2003.

G6. Safe Dates—Psychological Abuse Perpetration

How often have you done the following things to someone you have ever had a date with? Please circle one number on each line.

	Very often	Sometimes	Seldom	Never
1. Damaged something that belonged to them.....	3	2	1	0
2. Said things to hurt their feelings on purpose.	3	2	1	0
3. Insulted them in front of others.	3	2	1	0
4. Threw something at them that missed.	3	2	1	0
5. Would not let them do things with other people.	3	2	1	0
6. Threatened to start dating someone else.	3	2	1	0
7. Told them they could not talk to someone of the opposite sex.	3	2	1	0
8. Started to hit them but stopped.	3	2	1	0
9. Did something just to make them jealous.	3	2	1	0
10. Blamed them for bad things I did.	3	2	1	0
11. Threatened to hurt them.	3	2	1	0
12. Made them describe where they were every minute of the day.	3	2	1	0
13. Brought up something from the past to hurt them.	3	2	1	0
14. Put down their looks.	3	2	1	0

Scoring Instructions

The psychological abuse perpetration score is calculated by summing responses across all 14 items. Summed scores are recoded as follows:

- 0 = 0 and indicates no perpetration.
- 1–5 = 1 and indicates mild psychological abuse.
- 6–9 = 2 and indicates moderate psychological abuse.
- 10 and greater = 3 and indicates severe psychological abuse.

References

Foshee VA, Bauman KE, Arriaga XB, Helms RW, Koch GG, Linder GF. An evaluation of Safe Dates, an adolescent dating violence program. *American Journal of Public Health* 1998;88:45–50.

Foshee VA, Linder GF, Bauman KE, et al. The Safe Dates project: theoretical basis, evaluation design, and selected baseline findings. *American Journal of Preventive Medicine* 1996;12:39–47.

